

# **Cosmedix Medical Facials**

Not restricting your results by categorizing your skin before we see it, after thorough analysis on the day we will choose specific serums, creams, masks, to deliver the necessary ingredients into your skin to address your skin concerns. You will also leave in a total state of relaxation from our signature facial, neck and décolletage massage. Treating all skin conditions from ageing to acne to sensitive and pigmented skins. Includes a facial cleanse, exfoliation, enzyme mask, hand or foot massage, treatment mask, face [neck and shoulder massage](#) followed by a protein and antioxidant serum and sunscreen to finish. (Recommended for all skin types)

## **Medical Peels (using Aspect & Cosmedix skincare)**

When considering chemical peels it is important to speak to a skin care professional trained to perform these types of treatments. With our clinician you can determine if chemical peels are right for you.

### **What is a Peel?**

A peel revitalises the appearance of the skin, often making it smoother and more radiant. The procedure is sometimes used on other parts of the body including the neck and hands.

### **How are the CosMedix peels different?**

Traditional chemical peels typically consist of chemical solutions applied to the skin to form flakes or blisters that eventually peel off. This painful old technology destroys healthy tissue, forcing the body to heal itself. Instead CosMedix's chirally correct, non traumatic peels succeed by encouraging healthy change in the skin to help create a beautiful, renewed complexion.

CosMedix offers Correct Peels categorised as '*Today's Peels*' & '*Tomorrow's Peels*.' "Today's peels" can be used without any prior preparation of the skin, while the more intensive "Tomorrow's Peels" need 10 to 30 days advance preparation.

Peels are often used to improve the appearance of:

- Acne, Ageing skin, Dull, weathered skin, excessive sebatic oils, post acne scarring, Blackheads and white heads, Blotchy pigmentation, Stretch marks, Sun spots, Dark skin discoloration, Wrinkles, Scarring (non-keloidal scars)

## **Cosmedix Face and Body Peels**

If you had the choice, would you apply harsh, damaging chemicals to your skin, or would you choose to apply a soothing, collagen stimulating therapy to enhance your skins appearance? Now Cosmedix affords you that choice. Traditional chemical peels create a change by destroying healthy tissue, forcing the body to heal itself. Instead the Cosmedix innovative, non-traumatic peels succeed by stimulating healthy change in the skin to create beautiful, renewed complexion. Some of the Cosmedix peels can be used with no preparation at all, whereas some require a prepping time of anywhere between 10-30 days.

### **Benefit Peel**

The peel for anyone and everyone. Your results are enhanced with the use of the prep kit as your skin is able to utilize the Vitamin A more effectively. A Powerful anti-oxidant peel that delivers powerful nutrients into the skin layers that matter most. Your skin is instantly radiant and rejuvenated with no to minimal peeling. Skin conditions that are suited to the benefit peel:

- [Cosmetic Acne](#), Sensitive skin, Rosacea, Sun kissed skin, Anti-ageing skin, Fine lined skin  
Open pores

### **Timeless Peel**

This chirally corrected L-Retinol A dermal peel stimulates significant turnover and protein synthesis resulting in smoother, denser, more hydrated skin. Is very safe and extremely effective working on lightening, tightening and perfecting the skin.

Suited for the following skin conditions:

- Environmental/sun damage, Pre-mature ageing , Acne, Acne scarring, Enlarged pores, Pigmentation (brown spots) Melasma, Fine lines and wrinkles, Anyone wanting fresh, firmer and more hydrated skin

### **Deep Sea Peel**

A potent herbal non-acid peel plant and herb based peel. Stimulates significant cell turnover and protein synthesis, resulting in smoother skin with an even skin tone. This peel works well for treating fine line wrinkles, photodamage, acne and mild acne scarring. The first concept to understand is that the peels effect is directly related to the level of absorption and this is maximised through circular massage movements. The longer and deeper the massage the deeper the peel penetration.

Deep Sea Peel is perfect for:

- Melasma, Hyperpigmentation, Stretchmarks, Poorly circulating skin, Mild acne scarring, Premature ageing, Environmental/sun damage, Acne/ skin impurities , Can also be used as a body peel

### **Blueberry Smoothie**

An effective, concentrated exfoliating scrub. Can be done on its own, within a facial, before LEF therapy or prior to a peel for deeper penetration. Great for oily skin and very effective for anti-ageing and rejuvenation of the skin.

A free skin assessment must be performed before commencing any peels.